

# HOW TO ASK FOR FEEDBACK

have conversations that help improve your work

## 1 find a friend to help

Grab a friend, family member, or classmate to give you feedback.

## 2 ask for first impressions

Have helpers tell you what is **meaningful, interesting, and exciting**, about your work.

## 3 ask questions

Next, ask helpers specific questions. When answering, helpers should stay on topic about what you asked.

**Example:** Do you think the fins on the rocket are too big or too small?

## 4 answer neutral questions

Now helpers can ask you questions without judgement or opinion.

**Example:** What was your reasoning for using tape to adhere the fins?  
**NOT > >>** Do you want it to fall apart? Tape will never hold.

## 5 ask for opinions

Last, ask for opinions. Before expressing an opinion, have helpers ask if you want an opinion on that topic. You can answer yes or no.

**Example:** Would you like my opinion on your parachute mechanism?

Adapted from Liz Lerman's Critical Response Process  
[lizlerman.com/critical-response-process/](http://lizlerman.com/critical-response-process/)

